

Practicing chord changes using Chord Progressions:

"/" means one down-strum.

Key of C

C F C G7 C
/ / / / / / / / / / / / / / / / / / / /

Key of D

D G D A7 D
/ / / / / / / / / / / / / / / / / / / /

Key of F

F Bb F C7 F
/ / / / / / / / / / / / / / / / / / / /

Key of G

G C G D7 G
/ / / / / / / / / / / / / / / / / / / /

Key of A

A D A E7 A
/ / / / / / / / / / / / / / / / / / / /

Practice each of these Keys for 5 or 10 minutes each day to build up "muscle memory". Start slowly and try to keep the timing constant. You'll soon be able to change chords without thinking. Honest!

These chord progressions are common to lots of songs. Try "Travelling Light" for a start, then look for others.

I've left space above the chord names to let you draw the chord box in, if you need it to help you remember.